

February 6/7, 2016

**St. Mark's Anglican Church
"The Friendly Church"**



Rector: The Rev. Robert Cooke

Phone: (709) 726-3213 (Church)
(709) 743-7804 (Cell phone)

Associate Priest: The Rev. Mark Nichols

Phone: (709) 726-3213 (Church)
(709) 764-0172 (Cell phone)

Priest: The Rev. Dr. Alex Faseruk

Mission Statement

Living to the glory of God

Please remember that St. Mark's is a scent-free and peanut-free church to enable everyone to worship and enjoy fellowship comfortably.

Assisted Listening Devices available upon request

**St. Mark's Church – St. John's, Newfoundland
February 6/7, 2016**

SERVICES FOR THIS WEEKEND: February 6/7

Saturday – 5:00 p.m. Holy Eucharist

Sunday – 8:30 a.m. Holy Eucharist

Sunday – 10:30 a.m. Holy Eucharist

EUCCHARISTIC ASSISTANTS FOR THIS WEEKEND: Feb. 6/7

Saturday – 5:00 p.m. Donna Morgan

Sunday – 8:30 a.m. Kim Petley

Sunday – 10:30 a.m. Clarence Randell, Mary White

GIFT BEARERS FOR THIS SUNDAY: February 6

To Be Announced

AUDIO TECHNICIAN FOR THIS SUNDAY: February 6

Jessie Young

USHERS FOR THIS SUNDAY: February 6

Team 6 – Captain: Herb Pack

HOSPITALITY TEAM FOR THIS SUNDAY: February 6

No Tea/Coffee Hour (C.L.B. Fundraiser)

SERVICES FOR NEXT WEEKEND: February 13/14

Saturday – 5:00 p.m. Holy Eucharist

Sunday – 8:30 a.m. Holy Eucharist

Sunday – 10:30 a.m. Holy Eucharist

EUCCHARISTIC ASSISTANTS FOR NEXT WEEKEND: Feb. 13/14

Saturday – 5:00 p.m. Kevin Smith

Sunday – 8:30 a.m. Elizabeth Prince

Sunday – 10:30 a.m. Rick Cullen, Marilyn Beaton

AUDIO TECHNICIAN FOR NEXT SUNDAY: February 14
Dennis Peters

USHERS FOR NEXT SUNDAY: February 14
Team 7 – Captain: Ivy Handregan

HOSPITALITY TEAM FOR NEXT SUNDAY: February 14
Marilyn Beaton, Heather Myers, Gwen Hanson, Gladys White

EVENTS FOR THE WEEK:

Sunday, February 7

**Souper Bowl Sunday Fundraiser to follow the 10:30
worship**

Monday, February 8

7:00 p.m. C.L.B. (St. Mark's)

Tuesday, February 9

5:00 p.m. Pancake & Ham Supper

8:00 p.m. Senior Choir Practice

Wednesday, February 10

10:30 a.m. Ash Wednesday worship

7:30 p.m. Ash Wednesday worship

Vestry Meeting to follow the 7:30 p.m. worship

Thursday, February 11

2:00 p.m. Rev. Robert teaching at Queen's

7:30 p.m. Lord's Prayer Course

Saturday, February 13

5:00 p.m. Saturday Worship

SOUPEL BOWL SUNDAY

It's the return of Souper Bowl Sunday on Sunday, February 7, following 10:30 a.m. worship. Before the big game starts join us as we serve up some delicious soup and sandwiches to raise money for a good cause. All proceeds raised go to our C.L.B. member Alexander Brown as he plans to travel to France as part of the C.L.B.'s Tour of Honour this summer. \$5 per person or \$20 per family of five or more.

PANCAKE SUPPER – TUESDAY, FEBRUARY 9, AT 5:00 P.M.

Shrove Tuesday. Mardi Gras. Fat Tuesday. Pancake Day. Whatever you call it, it's a day of feasting before the Lenten fast begins. Join us at St. Mark's for a feast of pancakes and ham. The cost this year is pay what you can. There are no tickets, first come first serve, donations accepted at the door. For more info contact the parish office at 726-3213 or st.marks@nf.aibn.com.

CHURCH OFFICE CLOSED THIS COMING WEEK

It looks like we will finally be moving to our new offices this coming week and there is a lot to get settled. Please note that the church office will be closed for the week, except in the event of a pastoral emergency.

THE LORD'S PRAYER: A COURSE FOR THE CHRISTIAN JOURNEY

Why pray? How do we pray? Does prayer really change things? The Lord's Prayer has been used by Christians for 2,000 years and has been deeply formative of Christian practice and theology. This course will explore the Lord's Prayer as a gateway to the Christian gospel, as a guide to our own prayers and as a way of deepening our relationship with God. Sessions are on Thursday nights at 7:30 p.m. on February 11, 18, 25 and March 3, 10, 31. To register please call 726-3213 or email rcooke@stmarksanglican.ca.

MIDWEEK LENTEN WORSHIP

Each Wednesday during Lent we gather for midweek worship. This is a great opportunity to come aside from the routines of life and prepare our hearts and our minds for the great celebration of Easter. We will once again share our midweek worship with St. Thomas' on Military Road and St. Augustine's on Westerland Road. Our theme this year is 'Welcoming the Stranger' and there will be opportunity for prayer and anointing.

- ❖ February 10 – Ash Wednesday at 10:30 a.m. & 7:30 p.m. Imposition of Ashes & Holy Eucharist (at St. Mark's)**
- ❖ February 17, 7:00 p.m. at St. Augustine's**
- ❖ February 24, 7:00 p.m. at St. Mark's**
- ❖ March 2, 7:00 p.m. at St. Thomas'**
- ❖ March 9, 7:00 p.m. at St. Augustine's**
- ❖ March 16, 7:00 p.m. at St. Mark's**
- ❖ March 23, 7:00 p.m. at St. Thomas'**

THIS IS MY STORY - LENTEN LUNCHESES

We all have a story to tell, but those who have been refugees have a particularly poignant story to share. We need to hear their stories! On Thursdays from 12:15 – 1:15 p.m., come and hear a variety of people share their experience as refugees. You are invited to join us at St. Mark's for a brown bag lunch and a guest speaker. There will also be an opportunity to ask questions.

❖ February 18

❖ February 25

❖ March 3

❖ March 10

❖ March 17

PARISH CYCLE OF PRAYER

Judy & Bert Rose

Beverly & Roy Rowsell

Patricia & Robert Russell

Paul Russell

Margaret Ryan

Donald & Janet Rypien

Biju Samuel

Darren Scott & Dee-Anne Feltham-Scott

Elaine Seymour

Paul & Denise Shea

VALENTINE'S KITCHEN PARTY

Come celebrate Valentine's Day with us! The Church of St. Mary the Virgin on Cornwall Crescent will be hosting a Valentine's Kitchen Party with a three-course meal, mixed with a bit of music and fun, on Friday, February 12, starting at 6:30 p.m. Tickets are \$25 and can be picked up between 9:00 a.m. and 1:00 p.m. Monday to Friday at the church office.

KIWANIS MUSIC FESTIVAL – VOLUNTEERS NEEDED

During the period of February 21 – March 4, 2016, the annual Kiwanis Music Festival will take place, and once again St. Mark's will be one of the principal venues for this event. As you are no doubt aware, a festival of this magnitude involves a large number of volunteers (approximately 300). In this regard, the Festival Association is asking for public support and assistance. If any members of the parish are interested in offering their services for one or more sessions during the festival, you may obtain detailed information from Clarence Randell following the 10:30 worship, or by calling him at 739-1521. Your thoughtful consideration would be appreciated.

MULTICULTURAL CAFÉ

Starting on January 26th and continuing for February 2nd, 9th and 16th, from 11:30 a.m. to 1:00 p.m., St. Augustine's Anglican Church will be offering a Multicultural Café, affordable meals available to anyone who wishes to break bread together. All the money raised will be divided equally between St. Augustine's Refugee Program and We Care Foundation of Newfoundland and Labrador, which helps provide scholarships to the many young girls of north-eastern Nigeria who have been displaced from their communities by an insurgency (Boko Haram), are unable to attend school and now reside in refugee camps.

DINNER AND DANCE

The Singing Legionnaires will be holding a Dinner and Dance in support of their volunteer services in song. A hot meal, with songs and dancing for just \$20.00 on February 12 at 7:00 p.m. in Branch 56 of the Royal Canadian Legion in Pleasantville. For tickets phone Bill at 364-2875 or Jim at 753-3121 or contact your friends who are members of The Singing Legionnaires.

FOUR HOURS OF GRACE: - LENTEN QUIET TIME

Bishop Geoff Peddle invites you to a Lenten Quiet Time on Saturday, March 5, 2016 (10 a.m. to 2 p.m.), at the Parish of the Good Shepherd in Mount Pearl. Springing from his weekly online *Moments of Grace*, the Bishop will present a spoken *Four Hours of Grace* on the theme of God's Grace in the Christian life. Utilizing story, song, video, silence and prayer, he will discuss Grace from a biblical perspective and beyond, reflecting upon where it may be found today in the church and in the world. Bishop Geoff will share stories of individuals and groups he believes to be examples of God's Grace, often in places and in ways we don't expect. He will also show that an awareness of Grace in our lives and in the lives of others is essential to following Christ. For more information on the day please check the Diocesan Website or the poster distributed to every parish. To register contact the Parish of the Good Shepherd in Mount Pearl by phone (747-1022) between 9 a.m. and noon, Monday-Friday, or by email at cotqs@nf.aibn.com. The day will begin with registration at the church from 9:30 a.m. to 10 a.m. Lunch will be served at 12 noon. There will be no charge but a donation to support the Hospitality Ministry of the Parish of The Good Shepherd is appreciated.

OVEREATERS ANONYMOUS

The struggle with food and eating habits is a huge challenge in our province. Overeaters Anonymous is a program which believes that compulsive eating has physical, emotional and spiritual causes. Our approach includes communal support for people who are ready to admit they have a problem with food and are ready to rely on a power greater than themselves to help them get better. There are no fees or dues. Please call toll free 1-877-738-1742, email info.oa.nl@gmail.com or visit www.oa.org for information on how you can regain health and happiness and help others do the same.

ALZHEIMER SOCIETY LEARNING SERIES

At 1:00 p.m. on Wednesday, March 16, we will be starting our Winter 2016 Learning Series! This program is available to caregivers, families, friends, health care professionals and individuals diagnosed with Alzheimer disease or a related dementia. It is divided into four separate sections and discusses important information on all stages of the disease. We make this program available province-wide by conference call or Skype for those who cannot attend in person. Registration is required. Contact us at [\(709\) 576-0608**](tel:7095760608), by email at [**firstlink@alzheimer.nl.ca**](mailto:firstlink@alzheimer.nl.ca) or online at [**http://www.alzheimer.ca/en/nl/We-can-help/Our-services/Learning%20Series/Learning%20Series%20Registration**](http://www.alzheimer.ca/en/nl/We-can-help/Our-services/Learning%20Series/Learning%20Series%20Registration) to register.**

TOUR – MAGNIFICENT SPAIN AND PORTUGAL

Join us for an exciting 18 days (September 23 – October 10, 2016) touring Spain and Portugal. Come and feel the breath of history as we wander the narrow streets of ancient towns and explore the palaces, castles and monasteries of former great powers and relax on beaches of the Mediterranean. This will be a journey of a lifetime featuring fascinating history, distinctive cultures and extraordinary scenery. The price is all-inclusive. Brochures available and questions answered by calling 709-754-8720 or emailing: [wdkn10@gmail.com**](mailto:wdkn10@gmail.com).**